

# MARINE FOR LIFE NETWORK



# **WARRIORS CONNECTED**

THE OFFICIAL NEWSLETTER OF THE MARINE FOR LIFE NETWORK

**WINTER 2025** 

**CONNECTING MARINES WITH OPPORTUNITIES** 

## Welcome to the Marine for Life Network's (M4LN) Warriors Connected newsletter!

This essential resource keeps you informed and engaged with our growing community of Marines, Veterans, and military families. Each edition offers valuable insights on career resources, networking opportunities, and inspiring stories of resilience. Our mission is to empower you during your transition to civilian life, highlighting the importance of social connectedness as a key pillar of support. By fostering relationships and embracing the four domains of Marine Corps Total Fitness (MCTF) – social, spiritual, mental, and physical—we help you make connections that can enhance your overall well-being. Together, let's embrace new beginnings and build a strong, supportive network.



### FRESH STARTS AHEAD: DISCOVER THE M4LN FOR YOUR NEXT CHAPTER

Connect with military-friendly resources and opportunities as you embark on your transition to civilian life. Whether you're just beginning this journey or have already made the move, the M4LN is here to help you grow your professional connections and provide the support and guidance you need to thrive beyond the military.

#### Strengthened Professional Relationships and Expanded Networks

Networking is essential in today's job market, and the M4LN enhances your ability to connect through both virtual and in-person channels. By fostering social connectedness—a core value of MCTF—you can build a robust support system that benefits your personal and professional growth.

#### **Virtual Networking**

Join the M4LN's expanding community of Marines, Veterans, and military personnel on LinkedIn. This premier professional networking site offers valuable career tools, helps you stay connected with peers, and aids in developing your professional brand. To get started, set up your profile and join a Marine for Life (M4L) regional network group to maximize your connections.

#### **Face-to-Face Networking**

With more than 70 M4L Representatives serving as hometown links, you have direct access to a bridge between military and civilian communities nationwide. These representatives will introduce you to military-friendly job opportunities, career resources, and networking events. They will assist you in building relationships and exploring employment, education, and community services in your current location or where you plan to relocate.

#### **Support for Military Spouses**

The M4LN also is dedicated to empowering military spouses to expand their networks and find resources that enhance both their personal and professional lives. By leveraging the power of the network, military spouses can access a wider array of employers, academic institutions, and entrepreneurship resources.

#### Join the Network

Are you ready to embrace new beginnings? Visit the M4LN website to request assistance and receive an introduction to your local M4L Representative. Take the first step toward a fulfilling civilian career and a strong support network today!



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# RESOURCES OF THE QUARTER

#### **AMERICAN CORPORATE PARTNERS (ACP)**

ACP's free Mentoring Program connects post-9/11 veterans, active-duty spouses, and eligible military spouses (protégés) with corporate professionals (mentors) for customized mentorships. ACP assists veterans and eligible spouses on their path toward fulfilling, long-term careers, whether the Veteran is job searching or newly employed.

#### **EDUCATION AND EMPLOYMENT INITIATIVE (E2I)**

E2I is a Department of Defense program within the Warrior Care Recovery Coordination framework. It supports wounded, ill, and injured service members early in their recovery by helping them identify their skills and connect with education and career opportunities. This initiative aims to facilitate a successful transition to civilian life.

#### MARINE CORPS SCHOLARSHIP FOUNDATION

The Marine Corps Scholarship Foundation is dedicated to honoring Marines by providing educational opportunities for their children. Applications for the 2025-2026 academic year will be open from Jan. 1, 2025, until March 1, 2025. Apply online to support your educational journey!



#### **CENTER FOR WOMEN VETERANS (CWV)**

The CWV mission is to monitor and coordinate the Department of Veterans Affairs' (VA) administration of health care, benefits, services, and programs for women Veterans. We serve as an advocate for cultural transformation and to raise awareness of the responsibility to treat women Veterans with dignity and respect to #BringWomenVeteransHome2VA.

#### **INFORMATION RELOCATION AND REFERRAL (IR&R)**

The IR&R program helps address the challenges of a mobile military lifestyle by providing essential information and referrals. IR&R specialists maintain a database of installation, Department of Defense, community, and national resources. The program oversees relocation services for Marines and their families during permanent change of station (PCS) moves, both stateside and overseas, and offers settling-in services upon arrival at a new installation.

For non-employment-related referrals, contact the IR&R Program Manager at Headquarters Marine Corps at 703-784-9523.

With the exception of IR&R, these resources are provided for informational purposes only.

No Defense Department or U.S. Marine Corps endorsement implied.



# UPCOMING VETERANS JOB FAIRS

DATE	EVENT	LOCATION	TIME
16-JAN-25	<u>Tampa Veterans</u> <u>Job Fair</u>	Tampa, FL	1100-1500 ET
23-JAN-25	San Antonino Veterans Job Fair	San Antonio, TX	1100-1500 ET
28-JAN-25	Western Virtual Career Fair for Veterans	VIRTUAL	1100-1500 PT
30-JAN-25	<u>Raleigh Veterans</u> <u>Job Fair</u>	Raleigh, NC	1100-1500 ET
6-FEB-25	<u>Dallas Veterans</u> <u>Job Fair</u>	Arlington, TX	1100-1500 CT
13-FEB-25	<u>Job Fair at Camp</u> <u>Pendleton</u>	Camp Pendleton, CA	1100-1500 PT
20-FEB-25	<u>Atlanta Veterans</u> <u>Job Fair</u>	Atlanta, GA	1100-1500 ET
20-FEB-25	<u>Phoenix Veterans</u> <u>Job Fair</u>	Glendale, AZ	1100-1500 AZ
25-FEB-25	Eastern Region Virtual Career Fair for Veterans	VIRTUAL	1100-1500 ET
26-FEB-25	<u>Columbus Veterans</u> <u>Job Fair</u>	Columbus, OH	1100-1500 ET
12-MAR-25	San Diego Job Fair	San Diego, CA	1100-1500 PT
13-MAR-25	<u>Houston Veterans</u> <u>Job Fair</u>	Houston, TX	1100-1500 CT
18-MAR-25	National Virtual Career Fair for Veterans	VIRTUAL	1100-1500 CT
27-MAR-25	<u>Pittsburgh Veterans</u> <u>Job Fair</u>	Pittsburgh, PA	1100-1500 ET
28-MAR-25	Jacksonville Veterans Job Fair	Jacksonville, FL	1100-1500 ET

For more information and to register, please visit RecruitMilitary at success.recruitmilitary.com/events/schedule.

The Veterans Job Fairs information provided is for informational purposes only. No Defense Department or U.S. Marine Corps endorsement is implied.



## Stress to Success: Effective Job Search Tips for Veterans and Military Spouses

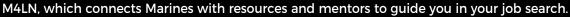
Searching for a job can be challenging, especially for transitioning service members, veterans, and military spouses. It's completely normal to experience stress and anxiety during this process. Here are some practical tips to help you manage those feelings and make your job search more manageable.

#### **Set Realistic Goals**

Break your job search into smaller, achievable steps. Set daily or weekly goals, such as updating your résumé or applying to a specific number of jobs. This approach can help reduce feelings of being overwhelmed and keep you motivated.

#### **Build a Support Network**

Connect with fellow veterans, military spouses, or local support groups. Engaging with people who understand your situation can provide emotional relief and valuable insights. Consider using the





#### **Practice Self-care**

Make time for activities that help you relax and recharge. Regular exercise, meditation, or engaging in a hobby can significantly reduce stress levels. Ensure you also prioritize good sleep and nutrition habits to support your overall well-being.

#### **Stav Organized**

Keep track of your job applications, interviews, and follow-ups using a notebook or spreadsheet. Staying organized fosters a sense of control, which can help alleviate anxiety and make the process feel more manageable.

#### **Embrace Flexibility**

Be open to exploring various job opportunities, including part-time or remote work. Flexibility can lead to exciting paths and possibilities that you may not have considered.

#### **Seek Professional Help**

If you find yourself feeling overwhelmed, don't hesitate to reach out to a counselor or career coach. Many veteran organizations offer free services tailored to your specific needs.

By implementing these tips, you can turn your job search into a more positive and empowering experience. Remember, you're not alone, and every step you take brings you closer to finding the right job for you.

If you're looking for more in-depth assistance regarding your transition, education, or job search, contact your installation's Transition Readiness office or your local M4L Representative.

#### **ABOUT THE NEWSLETTER**

The United States Marine Corps' Marine and Family Programs Division publishes Warriors Connected. The nongovernmental resources mentioned in this newsletter are for informational purposes only and do not constitute an endorsement or partnership. Visit us at HQ (usmc-mccs.org) or scan the QR code to connect with a Marine for Life Representative near you.

## STAY CONNECTED (1) (in





Follow the M4LN on social media to stay updated on our latest events, resources, and inspiring stories from fellow Marines, Veterans, and military families. Join our community and be part of our journey! We love hearing from you! Engage with us by liking, sharing, and commenting on our posts.

> Have questions or need assistance? Reach out to us at M4Lops@usmc.mil. We're here to help!

