

LAP SWIM HOURS

0500 – 0700

SWIM QUAL INFO

- **WEDNESDAY** (Basic/Intermediate) – **1300**
- **THURSDAY & FRIDAY** (Basic/Intermediate) – **0700**
- **UNIFORM** – UTILITIES (WOODLAND OR DESERT) WITH BOOTS, GREEN-ON-GREEN UNDERNEATH UNIFORM.
- BRING A CHANGE OF CLOTHES, WATER, AND TOWEL.

MCIWS

(858) 307-7918

Sgt Barajas - michael.a.barajas@usmc.mil

TRAINING

(858) 307-1448

AJ Ward - alfred.ward@usmc.mil

2025 Swim Qualification Dates

Basic/ Inter. 0700-1100

January

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

MCIWS Course

February

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Holiday

March

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Basic/ Inter. 1300-1600

April

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

UNIT PT / UNIT SWIM QUALIFICATION

SCHEDULING REQUIREMENTS

- Must be scheduled in advance with MCIWS/Training
- Submit a detailed email request including:
 - WHO – Unit name and point of contact (POC)
 - WHAT – Type of event (PT session or swim qualification)
 - WHEN – Date and time requested
 - HOW MANY – Total number of participants

◆ *Requests should be submitted at least 72 hours prior to the desired training date*

UNIT RESPONSIBILITIES

- Provide a Water Survival Safety Officer (WSSO)
 - Must be E-6 or higher
- Provide a qualified Corpsman for medical coverage
- Unit PT / Swim Qual events are NOT authorized during Recreational Swim Hours

MCIWS Courses

- Courses are conducted through **EWGTPAC**.
- To enroll, **contact your S-3 section** directly to sign up.

Note: A **pre-screener** must be completed with an **MCIWS** prior to attending.

- This is a **challenging and demanding course** — ensure you are **physically and mentally prepared** through proper training.

Other Useful Information

- **NAVMCs** are uploaded to the Pool's **SharePoint** for easy access and tracking:
https://usmc.sharepoint-mil.us/sites/mciwest_miramar/s3/S3/SitePages/pool.aspx
- The **MCIWS** will submit NAVMCs via **MCTIMS**
 - If your NAVMC does not populate within **2 weeks**, please contact the **MCIWS** directly to avoid delays in certification records.
- **MCIWS Re-certifications** must be completed with a **MCITWS**
 - Schedule your re-certification in advance to ensure availability.
- **Red Cross Re-certifications** may be completed with either a **MCITWS** or any **Lifeguard Instructor**
 - Verify instructor availability prior to scheduling.
- For questions or support, contact the **MCIWS team** directly.