# Marine Corps Air Station Miramar San Diego, California



# Welcome Aboard Packet



# Welcome to Marine Corps Air Station Miramar in San Diego, CA!

Marine Corps Air Station Miramar is home to the 3<sup>rd</sup> Marine Aircraft Wing and is proud to be a vital member of the San Diego community. Over 15,000 service members and their families, comprised of ever branch of our military services, supported by civilian employees all call "America's Finest City" their home. We take great pride in being members of the San Diego community and look forward to this partnership continuing for many years to come.

This packet contains some resources and services that may be helpful to you and your family as you settle into your new San Diego home. You are also welcome to reach out to the S-1 of your new Command, Command Sponsor, or the Command's Deployment Readiness Coordinator (DRC).



# **Directions to MCAS Miramar**

MCAS Miramar is on San Diego's northern edge, about 14 miles north of Downtown San Diego. Directions to the air station when using any of the following major freeways are as follows:

- Traveling North on I-15: Take the Miramar Way exit. This leads directly to the Main / East Gate.
  - $\circ$  This is the ONLY gate that is open 24/7.
- Traveling North on I-5: Take the La Jolla Village Drive exit and travel East. La Jolla Village Drive will turn into Miramar Road after approximately 2 miles. Continue traveling on Miramar Road East for about 4 miles. Look for the Miramar North Gate sign on the right-hand side.
  - o This gate is only open Monday-Friday: 0600-2200. Weekends and Holidays times are subject to vary.

- Traveling North on I-805: Take the Miramar Road exit and travel East. Travel on Miramar Road for about 4 miles. Look for the Miramar North Gate sign on the right-hand side.
  - This gate is only open Monday-Friday: 0600-2200. Weekends and Holidays times are subject to vary.

# **Airport Transportation**

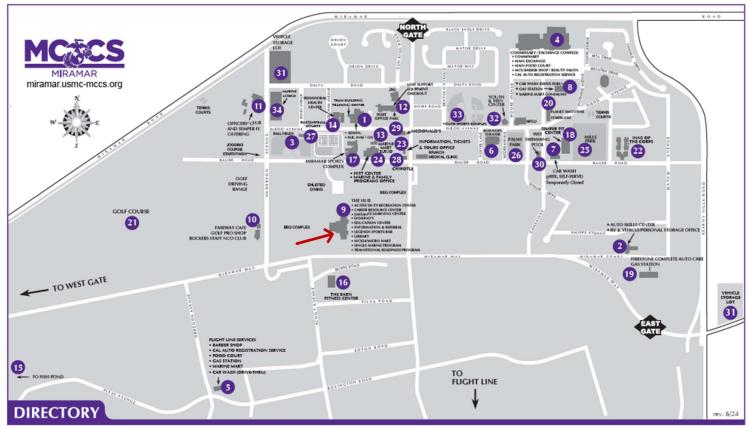
MCAS Miramar is located 16 miles North of San Diego International Airport (SAN). There is no direct public transit from the airport to MCAS Miramar, it is combination of multiple buses and different routes. However, ride share services may pick up from the airport and drop at the base gate if needed.

#### Arriving at the Main / East Gate

When you arrive at the Main / East Gate, a valid ID card, a valid driver's license, proof of insurance and valid / current vehicle registration is required. The Visitor and Registration Center (bldg. 6200) is located at the Main / East Gate and is open Monday through Friday 0730-1615. The Visitor and Registration Center can be reached at (858) 307-1463/1459 for more information.



# **MCCS Base Map**



ADMINISTRATION, BLDG. 22731
AUTO SKILLS CENTER, BLDG. 66732
BALL FIELDS
BARBER SHOP / BEAUTY SALON, BLDG. 26604
BARBER SHOP (FLIGHT LINE), BLDG. 86755
BEHAVIORAL HEALTH CENTER, BLDG. 227414
BOB HOPE THEATER, BLDG. 22426
CATERING (ALL HANDS) BLDG. 4472
CAL AUTO REGISTRATION SERVICE (MCX), BLDG. 26604
CAL AUTO REGISTRATION SERVICE (FLIGHT LINE), BLDG. 8675
CAR WASH (FREE , SELF-SERVE), BLDG. 2608 (TEMPORARILY CLOSED)7
CAR WASH (DRIVE-THRU), BLDG. 26638
CAR WASH (DRIVE-THRU), BLDG. 86755
CLUBS: ROCKERS STAFF NCO CLUB, BLDG. 375010
OFFICERS' CLUB, BLDG. 447211
CONVENIENCE STORE: MARINE MART (FLIGHT LINE), BLDG. 86755
CONVENIENCE STORE: MARINE MART (ELROD), BLDG. 249913
CONVENIENCE STORE: MARINE MART (GONSALVES), BLDG. 2662 8
EXCHANGE, BLDG. 2660
FIRESTONE COMPLETE AUTO CARE, BLDG. 621419
FISH POND
FITNESS CENTER: THE BARN, BLDG. 711516
FITNESS CENTER: HITT CENTER, BLDG. 252524

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FITNESS CENTER: MIRAMAR SPORTS COMPLEX, BLDG, 2471
FITNESS CENTER: SEMPER FIT CENTER, BLDG. 2002
GAS STATION (EAST GATE), BLDG, 6214.
GAS STATION (FLIGHT LINE), BLDG. 8675
GAS STATION (GONSALVES), BLDG. 2662
GOLF COURSE PRO SHOP, BLDG. 3750
* ACTIVE DUTY RECREATION CENTER.

    CAREER RESOURCE CENTER....
    DISTANCE LEARNING CENTER.

    EDUCATION CENTER.....
    INFORMATION, REFERRAL AND RELOCATION

· LIBRARY

    SINGLE MARINE PROGRAM ...

HUMAN RESOURCES (NAF / GS), BLDG. 2273.
INNS OF THE CORPS, BLDG. 2515 ...
INFORMATION, TOURS & TRAVEL OFFICE, BLDG. 2524
MARINE & FAMILY PROGRAMS OFFICE, BLDG. 2525.
MARINE LODGE, BLDG, 4312
MCX24/MICRO MART, BLDG. 5305
MILLS PARK
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PARTY ADVENTURE RECREATION CENTRAL (PARC), BLDG. 225712
RACQUETBALL COURTS, BLDG. 262827
RESTAURANTS: CHIPOTLE
DOMINO'S, BLDG. 53059
FAIRWAY CAFE, BLDG. 375010
FLIGHT LINE FOOD COURT, BLDG. 86755
<ul> <li>DUNKIN', SUBWAY, WIN NU SUSHI</li> </ul>
MAIN FOOD COURT, BLDG. 26604
<ul> <li>L&amp;L HAWAIIAN BARBECUE, PANDA EXPRESS,</li> </ul>
McDONALD'S, BLDG. 266629
PLANET SMOOTHIE, BLDG. 267220
STARBUCKS, BLDG. 267220
RV & VEHICLE / PERSONAL STORAGE OFFICE, BLDG. 66732
SWIMMING POOL: WST POOL, BLDG. 200030
TEAM BUILDING TRAINING CENTER, BLDG. 22731
UNIT SUPPORT EQUIPMENT CHECKOUT, BLDG. 225712
VEHICLE STORAGE LOTS (TWO LOTS)31
YOUTH/TEEN CENTER, BLDG. 270032
YOUTH SPORTS COMPLEX33

Located in bldg. 5305 (indicated on the map) is where the office of Information, Referral and Relocation (IR&R) can be found. It is advised that once you receive your check-in sheet from your Command, please stop by IR&R for information regarding Welcome Aboard Orientation and MCAS Miramar. Additionally, IR&R can give you any guidance and/or answer any initial questions you may have about base or San Diego, CA.

# **Checking In**

#### **Installation Personnel Administration Center (IPAC)**

Bldg. 8380, Smith Rd. – (858) 307-4321 Hours: Monday – Friday 0730-1630

All Marines are required to check in with IPAC. Marines checking in are required to bring service record, all orders, receipts, and any other documents that are needed to update their record and complete a travel claim.

Personnel checking-in after hours, holidays or weekends will report to Command Duty Officer (CDO) located at building 8630. CDO phone number: (858) 307-1141. Personnel checking-in to the CDO will be required to report to IPAC at 0730 the next business day to conduct an audit and travel claim. More information regarding check-in process with IPAC can be found here: <a href="https://www.miramar.marines.mil/Departments/IPAC-/">https://www.miramar.marines.mil/Departments/IPAC-/</a>

#### **Welcome Aboard Orientation**

Bldg. 5305, Miramar Way – (858) 307-1428

Service Members in the following grades: E1-E6, WO1, O1-O2 are required to attend the Welcome Aboard Orientation brief upon arrival or within 90 days of arriving. To sign up for the next Welcome Aboard, visit: <a href="https://www.eventbrite.com/e/welcome-aboard-orientation-personal-readiness-seminar-tickets-170225217207?aff=ebdsoporgprofile">https://www.eventbrite.com/e/welcome-aboard-orientation-personal-readiness-seminar-tickets-170225217207?aff=ebdsoporgprofile</a>

Inbound personnel should notify their sponsor to let them know when you plan on arriving to MCAS Miramar / San Diego. Your Sponsor will be able to meet you when you arrive and assist you with the check-in process.

# Housing

# **Barracks Support Center**

Bldg. 5300, Miramar Way – (858) 307-1027

Personnel checking in to a command on MCAS Miramar that need barracks/billeting, please report to the Barracks Support Team in Bldg. 5300. Bldg. 5300 is located off of Miramar Way behind Bldg. 5305. For personnel reporting prior to obtaining lodging other than Base Billeting (i.e. Inns of the Corps or Of-Station Lodging), a Statement of Non-Availability must be obtained from the Inns of the Corps.

#### **Inns of the Corps Miramar**

Bldg. 2515 – (858) 271-7111 Hours of Operation: 24/7

2515 Bauer Rd. San Diego CA, 92145

The Inns of the Corps at Miramar extends a warm Welcome to you and your family and friends. Multiple different size rooms to accommodate your needs. All rooms feature private baths, kitchenettes, access to coin-operated laundry facilities and TV with basic cable services. The Inn is withing walking distance to the MCX, Commissary, Movie Theater, Mills Park, Fitness Center and 50-meter swimming pool.

#### **Liberty Military Housing**

619-556-8443

MCAS Miramar Housing Office: 45418 Howe Rd. San Diego, CA 92126

MCAS Miramar's on-base housing is managed through a public-private partnership with Liberty Military Housing that manages the greater San Diego region. The housing office is located aboard the 32<sup>nd</sup> Street Naval Base San Diego. MCAS Miramar does have a local housing office on base located at 45418 Howe Rd. For additional contact information, floor plans, pet policies, full resident guidelines, and other neighborhood specific information regarding PPV housing, visit the Liberty Military Housing website at <a href="https://www.livelmh.com">www.livelmh.com</a>

# **Personal Property**

# **Distribution Management Office (DMO)**

Bldg. 2258 (JRC) – (858) 307-1671 (Personal Property Line)

Hours of operation: Monday - Friday 0730 – 1600

DMO handles all receipt, delivery and pack-up of personal property shipments. Upon arrival at MCAS Miramar call 32<sup>nd</sup> St at (855) 444-6683 to coordinate the delivery of your inbound household goods. You can directly contact your moving company. Further information about DMO can be found here: <a href="https://www.miramar.marines.mil/Departments/Distribution-Management-Office/">https://www.miramar.marines.mil/Departments/Distribution-Management-Office/</a>

# **Vehicle Registration**

Bldg. 6200 (Located at Main / East Gate) – (858) 307-1463

Hours of operation: Monday – Friday 0730-1615

All motorized vehicles operated aboard MCAS Miramar must be registered with the Vehicle Registration Office. The primary mission of the Vehicle Registration Office is to provide registration and decals for all personally owned motor vehicles and motorcycles. The Vehicle Registration office also provides weapons registration.

<u>Items to bring at time of registration:</u> All drivers must have current vehicle registration, current proof of insurance, current driver's license, current smog certificate for vehicles 6 years or older, Military members and dependents: military ID and proof of driver's improvement course if under 26. Motorcycle owners will need their motorcycle safety course card and proof of inspection.

#### **Services**

#### **Veterinary Clinic**

Bldg. 6360, Bauer Rd. (858) 307 – 6652 / 1773

Known as the U.S. Army Veterinary Treatment Facility, the Veterinary Clinic provides routine wellness checkups and vaccinations, as well as minor sick call. The staff is also able to assist with health requirements and documentation for PCS moves. Appointments can be made in person or by phone, walk-ins are not accepted. Dogs and cats of all active-duty military members and retirees with medical benefits are eligible to be seen at the facility.

#### U.S. Post Office

Bldg. 2257, Elrod Ave. – (858) 307 – 4578

Hours of operation: Monday – Friday 0800-1500, Saturday 0830-1200

#### **Military Postal Facility**

Bldg. 2257, Elrod Ave. – (858) 307 – 6058

Hours of operation: Monday, Tuesday, Thursday, and Friday: 0800-1630, Wednesday 0800-1200

The Military Postal Facility handles all official military mail. Military personnel residing aboard the air station receive mail through their work sections. Incoming personnel may contact units for correct mailing addresses prior to arrival. Each unit is provided with an individual box identified by a number-style address format.

# **Religious Services**

Bldg. 5632T, Bauer Rd. – (858) 307-1333

The Chaplain's Office coordinators regularly scheduled worship services. For the location and meeting schedules of religious activities, visit <a href="https://www.miramar.marines.mil/Departments/Chapel/">https://www.miramar.marines.mil/Departments/Chapel/</a>

#### **Legal Assistance**

Bldg. 6275, Bauer Rd. – (858) 307-1656

Hours of operation: Monday – Friday 0800-1100 & 1300-1600

The Legal Assistance office provides help for a host of legal-related issues, such as power of attorney, wills, notarizations, civil rights, contracts, immigration/naturalization, divorce/separation, child support and guardianship. It should be noted that certain services are offered at specific hours of the days. Please call in advance.

#### **Navy-Marine Corps Relief Society**

Office: Bldg. 2273, Elrod Ave. – (858) 307-1807 Hours of operation: Monday – Friday 0800-1600

Thrift Store: Bldg. 6275, Bauer Rd. – (858) 307-5009 Hours of operation: Tuesday & Thursday – 1000-1245

The Navy-Marine Corps Relief Society (NMCRS) office can provide financial assistance, budget for baby workshops, volunteer opportunities, referral services and much more. NMCRS also operates a Thrift Shop on base selling home goods, uniforms, and other family needs at a low cost, often \$20 or less.

#### **Commissary**

Bldg. 2661 – (619) 321-6367

Hours of operation: Sunday-Friday 0800-1900, Saturday 0700-2000

# **Marine Corps Exchange (MCX)**

Bldg. 2660 – (858) 695-7288

Hours of operation: Monday-Saturday 0900-1900, Sunday 0900-1800

# **Families**

# **Child Development Center (CDC)**

Bldg. 2740 – 858-307-4144 www.militarychildcare.com

Hours of operation: Monday-Friday 0500-1830

The CDC provides weekly care for active-duty military and DOD Civilian dependents between the ages of 6 weeks and 5 years. Due to a waiting list, advance application filing is required. To begin the application process, please visit: <a href="https://www.militarychildcare.com">www.militarychildcare.com</a>

#### Youth & Teen Center

Bldg. 2700 – 858-307-4136

Hours of operation: Monday-Friday 0600-2000

https://miramar.usmc-mccs.org/marine-family-support/child-and-youth-program/teen-center

The Youth & Teen Center at MCAS Miramar offers programs and services for children in Kindergarten to High School. All programs and services are open to Active Duty, Retired, Active Reservists, and DOD employees. The Youth & Teen Center is affiliated with the Boys and Girls Club of America. All childcare registrations are made through the <a href="https://www.militarychildcare.com">www.militarychildcare.com</a> website. Families must create an account online to submit a request. The Child and Youth Programs (CYP) Resource and Referral Office is located in the Youth and Teen Center and can answer questions regarding CYP Programs and can be reached at (858) 307-6959.

# **Exceptional Family Member Program (EMFP)**

Bldg. 2525 – (858) 307-4668

Hours of operation: Monday-Friday 0800-1600

The purpose of EMFP is to ensure that dependents of an active-duty Marine receive ongoing support when diagnosed with a physical, emotional, or educational need. By identifying families with special needs and maximizing the provision of the services needed, the quality of life provided to the Marine Corps family is enhanced.

# **New Parent Support Program (NPSP)**

Bldg. 2274 – (858) 307-9812

Hours of operation: Monday-Friday 0730-1600

The NPSP is a team of licensed professional who provide assistance, education, and support to military families who are expecting, or those with children 0-5years old. All services are free of charge and designed to assist in the everyday demands of parenting in the military. Services include home visits, baby boot camp, infant massage classes, and play group.

# **School Liaison Program**

Bldg. 2258 – (858) 307-6633/8625

Hours of operation: By appointment only, as the School Liaisons are often out at schools.

The School Liaison program offers the tools to enhance learning and support military children as they successfully navigate the many transitions unique to military lifestyle. Additionally, they provide support in understanding the local school districts and which schools can best fit your child's needs.

# **Marine and Family Programs**

#### **Behavioral Health**

• Behavioral Health Center (858) 307-6585 / 307-1129 | Bldg. 2274

• Community Counseling Center (858) 307-1129 I Bldg. 2274-T

• Substance Assessment and Counseling Center (SACC) (858) 307-1129 | Bldg. 2274

• Family Advocacy Program (FAP) (858) 307-6585 | Bldg. 2274

VICTIM ADVOCACY 24/7 Domestic Violence HELPLINE: (858) 864-3408

• New Parent Support Program (858) 307-9812 | Bldg. 2274

• Sexual Assault Prevention & Response (SAPR)
(858) 864-2815 • Help is available 24/7 SAPR HELPLINE to prevent or to report sexual assault!
(877) 995-5247 • DoD SAFE HELPLINE

• **DSTRESS (Suicide Prevention)**Dail: 988 (then press 1)

#### **Family Care**

• Child, Youth & Teen Center (858) 307-4136 | Bldg. 2700

• Exceptional Family Member Program

(858) 307-4668 | Bldg. 2525 | Email: smbmiramarmcas.efmp@usmc.mil

• School Liaison Program

(858) 307-6633 / 8625 | Bldg. 2258 | Email: smbmiramarmccs.4kids@usmc.mil

• Marine Corps Family Team Building (MCFTB)

(858) 307-4918 | Bldg. 2525 | Email: smbmiramarmcas.mcftb@usmc.mil

• Lifestyle Insights, Networking, Knowledge and Skills (L.I.N.K.S.) (858) 307-4918 | Bldg. 2525 | Email: smbmiramarmcas.mcftb@usmc.mil

• Readiness & Deployment Support

(858) 307-4473/4918 | Bldg. 2525 | Email: smbmiramarmcas.mcftb@usmc.mil

#### **Personal and Professional Development**

- Career Resource Center (858) 307-6710 / 307-6035 | The HUB (Bldg. 5305) | Email: <a href="mailto:smbmiramarmccs.trs@usmc.mil">smbmiramarmccs.trs@usmc.mil</a>
- Education Center (858) 307-1801 | The HUB (Bldg. 5305) | Email: <a href="mailto:smbmiramarmccs.edu@usmc.mil">smbmiramarmccs.edu@usmc.mil</a>
- Family Member Employment Assistance Program (858) 307-6491 | The HUB (Bldg. 5305) | Email: <a href="mailto:smbmiramarmccs.trs@usmc.mil">smbmiramarmccs.trs@usmc.mil</a>
- Library (858) 307-1261 | The HUB (Bldg. 5305) | Email: <a href="mailto:mcasmiramarlibrary@gmail.com">mcasmiramarlibrary@gmail.com</a>
- Personal Financial Management (858) 307-9802 | The HUB (Bldg. 5305) | smbmiramarmccs.pfm@usmc.mil
- Transition Readiness Program
  (858) 307-4933/6021 | The HUB (Bldg. 5305) | Email: smbmiramarmccs.trs@usmc.mil
- Information & Referral, Relocation Services (858) 307-1428 | The HUB (Bldg. 5305) | Email: <a href="mailto:smbmiramarmccs.iandr@usmc.mil">smbmiramarmccs.iandr@usmc.mil</a>

Visit our website <a href="https://miramar.usmc-mccs.org/">https://miramar.usmc-mccs.org/</a> to obtain detailed information about all the programs available through Marine Corps Community Services at MCAS Miramar. You can also contact Information, Referral & Relocation Services to help you locate additional resources for you and/or your family during your assignment at MCAS Miramar.

Information, Referral and Relocation can be reached at 858-307-1428.