



SINGLE MARINE PROGRAM MCAS MIRAMAR



**MAY 2023
NEWSLETTER**

EVENTS & TRIPS



LOVE ON A LEASH

WEDNESDAY, 10 MAY

1100-1300

@ The Great Escape



- Get your fur fix on and hang out with therapy dogs from the non-profit organization, Love on a Leash!
- ****EVENT IS OPEN TO ALL ENLISTED ACTIVE DUTY****



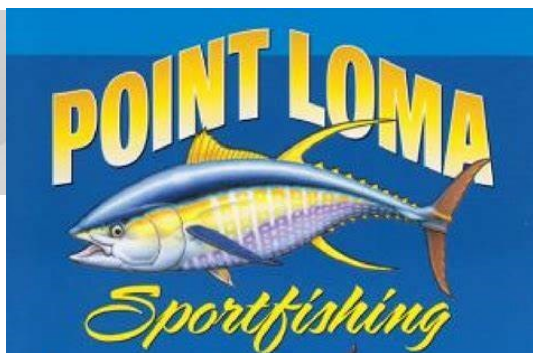
SMP DINNER:

Birria Taco Plates!

TUESDAY, 16 MAY; 1730

@ The Great Escape

- MENU: Join us for a taco plate with different protein option; birria (beef) or pork with a side rice, beans, agua fresca and more!



DEEP SEA FISHING TRIP!

SUNDAY, 21 MAY; 0700-1530

10 SPOTS; \$80 PER PERSON

- Single Marine Program trips are open to single and unaccompanied service members stationed aboard MCAS Miramar.
- Trip covers roundtrip transportation, ticket, fishing license, and rod rentals! Trip participants are required to take transportation TO AND FROM event.
- Waivers can be found with your unit SMP Reps and/or at The Great Escape outside the SMP office.
- Completed waivers and full payment will be collected at the front desk of The Great Escape (NO CASH—CARD ONLY).
- **Deadline to sign up: 12 May 2023 @ 1300**



BALBOA PARK TRIP

TUESDAY, 23 MAY; 0900-1500

@ The Great Escape

- **Discover a San Diego landmark for FREE!**
- Service members will have access to the Automotive Museum, Air & Space Museum, Comic Con museum, and more.



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UNIT COMPETITION! 3 vs 3 SAND VOLLEYBALL!

FRIDAY, 19 MAY; 1600 outside The Great Escape

- BBQ lunch/dinner for all those who participate!
- Teams will be made up of 3 players each for a sand volleyball competition
- The winning team will not only receive bragging rights, but also individual prizes!
- To sign up, grab a waiver from your unit SMP Rep or from the SMP office.
- Deadline to sign up is Friday, 12 May by 1200.
- For more information, call the SMP office at 858-307-6283

****Single Marine Program activities are open to Single and Geo-Bachelor Service Members stationed aboard MCAS Miramar only, unless stated otherwise.****



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VOLUNTEER OPPORTUNITIES

Thursday, 4 & 18 May; 0930-1330. NMCRS Thrift Store

8 spots. Volunteers will assist the NMCRS Thrift Store by checking IDs, sorting donations, working the register, shredding uniform donations, light construction tasks, & other duties as assigned. Lunch provided.

Saturday, 6 May; 0700-1200. Walk for Animals

10 volunteers needed. Volunteers will assist humans and their pets by handing them water and refilling bowls. Volunteers will get a free SDHS t-shirt and a free pancake breakfast!

Wednesday, 10 May; 1030-1330. Love On A Leash

4 volunteers needed. Volunteers will assist SMP with event set-up, check-in table, help participants, & tear down.

Friday, 12 May 0600-1630. PE Fitness Challenge at Challenger Middle School

40 spots. Volunteers will take over a local elementary school's physical education classes all day long! Volunteers will meet at The Great Escape, be bussed over to the school, and run 4 different relay stations to encourage physical fitness fun! Breakfast and lunch provided.

Tuesday, 16 May; 1600-1930. SMP Dinner: Birria/Taco Plates

5 volunteers needed. Volunteers will assist the SMP with setup/tear down of event with additional tasks of serving food, checking guests in and more at the Great Escape.

Friday, 19; 1600. Unit Sand Volleyball Tournament

10 volunteers needed. Volunteers will assist the SMP with set-up and tear-down of event. They will advertise, help participants, and serve as referees for the game.



- ****Single Marine Program Volunteer Opportunities are ONLY open to Single and Geo-Bachelor Service Members stationed aboard MCAS Miramar, unless stated otherwise.****
- Letters of Appreciation (LOAs) given after the volunteer opportunity.
- SMP shirts are given to those that do not already have a SMP shirt, at initial check-in with SMP Staff (if available).
- Volunteer Opportunity waivers can be found outside of the SMP Office (inside the Great Escape) or by reaching out to your appointed unit SMP Representative(s).
- Volunteer opportunities are tentative to change—get the most up-to-date information on the SMP Instagram @SMPMCASMiramar or through your appointed unit SMP Representative(s).



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SMP QUALITY OF LIFE (QOL) PROTOCOL

“Do you have a general quality of life issue that needs to be addressed? A new idea you think would benefit yourself and others?

The Single Marine Program has designed this document to address those issues and get your thoughts to the people who can make the changes. Our job is to improve your quality of life both on and off duty. If you have any suggestions, no matter how big or small they may be, concerning the improvement of this base, take the time and fill out this document.

Your voice is our voice and together we will make a difference.”

- Before filling out a QOL document, you must ensure that you have followed the proper procedures outlined below:
 - **Regarding the barracks:**
 - Utilize your Barracks Manager or your unit S-4.
 - Submit a help chit and make a **photocopy** of it for your records.
 - Keep a record of **who** you spoke with, about **what**, and **when** (date/time) for your records.
 - If your chit has not been addressed in three weeks, please fill out a QOL form
 - **Make sure you submit a copy of all the above sheets when submitting a Quality of Life document for faster response.**
 - **Regarding other facilities/general issues:**
 - Do research and gather information (i.e. ask for the manager or fill out a complaint card).
 - Keep a record of **who** you spoke with, about **what**, and **when** (date/time) for your records.
 - **Make sure you submit a copy of all the above documents when submitting a Quality of Life document for faster response.**

After filling out a quality of life form, turn it into the SMP Office

Contact the SMP President/Staff for assistance with completing the submission and/or gathering information.

SMP QOL Forms can be found in the flyer rack outside of the SMP Office or on the SMP Website: www.mccsmiramar.com/smp/

Please contact the SMP Office @ 858-307-6283 for more information about the SMP QOL Protocol.



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MONTHLY MEETING, SOCIAL MEDIA & CONTACT INFO

TUESDAY, 9th MAY SMP MONTHLY MEETING

- Time: 1130-1300 — meeting kicks-off at 1130
- Location: Chow Hall back patio
- **Next SMP Monthly Meeting: TUESDAY, 6 JUNE 2023 — Location: CHOW HALL**

**FOLLOW US ON OUR SOCIAL MEDIA PAGES
FOR THE MOST UP-TO-DATE INFORMATION!**



Single Marine Program—MCAS Miramar



SMPMCASMiramar



[HTTPS://MIRAMAR.USMC-MCCS.ORG/MARINE-FAMILY-SUPPORT/SINGLE-MARINE-PROGRAM](https://miramar.usmc-mccs.org/marine-family-support/single-marine-program)

****On our SMP Website, you will find our Orders, Letter of Appointment Template, SMP**

SMP EXECUTIVE BOARD MEMBERS

President: Cpl Timothy Fuchs, VMFAT-101

Vice President: LCpl Stacianea Rose, H&HS

Treasurer: LCpl Irene Solis-Ortiz, VMFA-323

Recorder: LCpl Irene Solis-Ortiz, VMFA-323

**The SMP Office is located inside The Great Escape
(The HUB - BLDG. 5305; Right next door to Domino's)**

Office #: 858-307-6283—Work Cell #: 858-287-4375

SMP Coordinator (Katie Weeres); Email: weereskc@usmc-mccs.org