

PERSONAL TRANSITION TIMELINE

EAS DATE:

Type EAS date in the yellow box (mm/dd/yyyy).

Dates will prepopulate.

COMPLETE INITIAL COUNSELING: #####

COMPLETE PRE-SEPARATION COUNSELING: #####

COMPLETE TRS: #####

CAPSTONE REV: #####

TRS RETIREES: #####

CMDR VER NLT: #####

REVIEW BENEFITS OPTIONS (24-18 MONTHS PRIOR):

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| <ul style="list-style-type: none"> _ BEGIN INITIAL AND PRE-SEPARATION COUNSELING _ INITIATE SELF-ASSESSMENT/TRANSITION PLAN _ INITIATE DD FORM 2648 eForm _ TALK WITH TRANSITION/P&PD ADVISOR _ DETERMINE RETIREMENT DATE AND/OR HOME OF SELECTION | <ul style="list-style-type: none"> _ BEGIN DEGREE/COLLEGE SELECTION (IF APPLICABLE) _ REVIEW GI BILL AND TUITION ASSISTANCE _ REVIEW FINANCES/VISIT PFM OR CFS _ CONSIDER/SCHEDULE ELECTIVE MEDICAL PROCEDURES _ ESTABLISH PROFESSIONAL NETWORK VIA MARINE FOR LIFE |
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USE TOOLS FOR GETTING READY (12 MONTHS PRIOR):

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| <ul style="list-style-type: none"> _ ATTEND TRS 5-DAY WORKSHOP _ CONSIDER FEDERAL EMPLOYMENT CLASS _ REVIEW INDIVIDUAL TRANSITION PLAN _ PERFORM INITIAL JOB SEARCH _ SUBMIT OFFICIAL RETIREMENT REQUEST _ SET UP AND MAINTAIN MYPAY ACCOUNT FROM HOME _ REVIEW AND UPDATE OMPF | <ul style="list-style-type: none"> _ ESTABLISH A HOUSING & TRANSPORTATION PLAN _ COMPLETE BUDGET & COST OF LIVING ANALYSIS _ TALK WITH VA BENEFITS ADVISOR _ DEVELOP A RESUME AND REFERENCES _ EXPLORE SKILLBRIDGE/LSP OPPORTUNITIES _ REVIEW AND COMPLETE SURVIVORS' BENEFIT PLAN _ REVIEW TRICARE RETIREE MEDICAL/DENTAL PLANS |
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NETWORK AND FIND ASSISTANCE (9 MONTHS PRIOR):

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| <ul style="list-style-type: none"> _ CONFIRM REFERENCES _ RESUME REVIEWED/EVALUATED BY PROFESSIONAL _ CONTACT RECRUITERS _ PLAN AND FINALIZE TERMINAL LEAVE AND TAD | <ul style="list-style-type: none"> _ CONTACT IPAC FOR OUTBOUND QUESTIONS _ UPDATE LEGAL RECORDS/WILL/POWER OF ATTORNEY _ COMPLETE YOUR PROFESSIONAL PORTFOLIO _ REVIEW SUPPLEMENTAL MEDICAL/DENTAL PLANS |
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APPOINTMENTS AND CHECKUPS (6 MONTHS PRIOR):

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| <ul style="list-style-type: none"> _ SCHEDULE FINAL CHECKUPS FOR FAMILY MEMBERS _ ASK S1 FOR YOUR STATEMENT OF SERVICE _ ASSEMBLE PROFESSIONAL WARDROBE _ REVIEW FINANCIAL READINESS _ CONDUCT VA DISABILITY CLAIM/REVIEW _ FOLLOW UP ON RETIREMENT PACKAGE WITH S1/MMSR _ COORDINATE RETIREMENT CEREMONY _ PICK UP IPAC PAPERWORK | <ul style="list-style-type: none"> _ SCHEDULE FINAL PHYSICAL _ BEGIN OUTBOUND INTERVIEW PROCESS IN MOL _ COMPARE SGLI TO VGLI AND OTHER INSURANCE OPT. _ CONTACT DMO/HOUSEHOLD GOODS TRANSPORT _ COMPLETE ANY ELECTIVE MEDICAL PROCEDURES _ APPLY FOR VOC REHAB (IF APPLICABLE) _ ENROLL IN VA HEALTHCARE _ SCHEDULE YOUR CAPSTONE REVIEW APPOINTMENT |
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FINAL PREPARATIONS (3 MONTHS PRIOR):

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| <ul style="list-style-type: none"> _ CONSIDER JOB PLACEMENT/VISIT AMERICAN JOB CENTER _ ENSURE DD2648 WAS SIGNED BY CO/DESIGNEE _ REVIEW DRAFT OF DD214 WITH IPAC _ PICK UP CMC RETIREMENT CERTS FROM IPAC _ COMPLETE FINAL PHYSICAL IF NOT DONE _ FINALIZE RETIREMENT CEREMONY | <ul style="list-style-type: none"> _ ATTEND REFRESHER WORKSHOPS _ FAMILIARIZE SELF WITH NEW LOCATION _ VISIT JOB WORKFORCE CENTERS _ FINALIZE ALLOTMENT CHANGES IN MOL _ OBTAIN COPIES OF MEDICAL/DENTAL RECORDS _ ATTEND JOB FAIRS AND WORKSHOPS |
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FINAL APPOINTMENTS (1 MONTH PRIOR):

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| <ul style="list-style-type: none"> _ CONDUCT FINAL RELOCATION APPOINTMENTS _ CONTACT TRICARE FOR NEW PLAN ENROLLMENT _ PRINT DD2648 EFORM FOR IPAC | <ul style="list-style-type: none"> _ ARRANGE GOVERNMENT HOUSING INSPECTION _ SELECT NEW PRIMARY CARE MANAGERS _ EBENEFITS & MY PAY USER NAMES & PASSWORDS |
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VERIFY VA DISABILITY CLAIM PROGRAM ELIGIBILITY START DATES:

Traditional Claim:

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BDD: No earlier than (180 days):

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No Less than (90 days):

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