



INBODY BODY COMP TEST



LIPID AND GLUCOSE TEST



METABOLISM TEST

ASSESSMENTS

	AD	Others	In Town
Resting Metabolism	\$ 20	\$ 25	\$150-\$300
InBody Body Composition	\$ 15	\$ 15	\$30-\$75
Lipids and Glucose	\$ 5	\$ 5	\$30-\$65
Nutrition Counseling	\$ 0	\$ 35	\$110-\$250

Bundles - Save \$\$

Active Duty:

Resting Metabolism *InBody *Lipids and Glucose

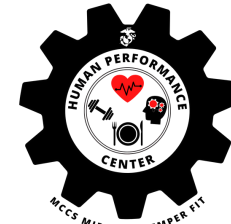
*Nutrition Counseling.....\$30 (\$40 value on base)

Non Active Duty:

Resting Metabolism *InBody *Lipids and Glucose

*Nutrition Counselin.....\$60 (\$80 value on base)

SEMPER FIT HUMAN PERFORMANCE



REACH YOUR POTENTIAL

ABOUT US

Semper Fit Human Performance provides training, education, assessments, resources, and referrals that support mission readiness, optimal performance and resiliency.

Human Performance is about you and helping you reach your goals! We offer assessments to evaluate where you are and provide an individualized plan to help you reach your performance and/or body composition goals.

Other services include: Vape/Tobacco Cessation. Sleep and Recovery Improvement, BCP guidance and more.

FOR MORE INFO:

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