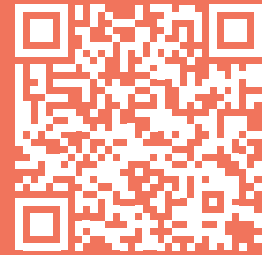


NO COST

Infant Massage Class

**SCAN FOR
START DATES
FOR EACH
5 WEEK SERIES**



**or visit
eventbrite.com**

Infant massage is a wonderful & nurturing way to connect, communicate and bond with your infant. All babies love and benefit from physical contact.

**WEDNESDAYS
10am-11am**

 **Children's Library
MCAS Miramar**

- **Classes for infants who aren't scooting or crawling yet.**
- **Registration encouraged, but not required.**
- **The NPSP Team is trained by the International Association of Infant Massage.**
- * **Parents: Please bring a yoga mat or pad for your baby.**
- * **Due to the nature of the class, we are unable to accommodate older siblings.**
- * **5 week series closed to new participants after the second class in the series.**



**For more info, contact
New Parent Support Program at:**

(858) 307-9812