

Information & Referral, Relocation Services at Marine and Family Programs welcomes you to Marine Corps Air Station Miramar!



Updated: 29 September 2021

Welcome to MCAS Miramar. You will find this assignment an interesting and exciting place to work. Included below is some information to help you with your relocation process.

Getting to MCAS Miramar

MCAS Miramar is on San Diego's northern edge. Directions to the air station when using any of the following major freeways heading northbound are as follows:

- From Interstate 15: Take the Miramar Way exit, which leads directly to the Main / East Gate.
 - This is the only gate that is open 24/7.
- From Interstate 5: Take the La Jolla Village Drive exit and travel east. La Jolla Village Drive will turn into Miramar Road after approximately 2 miles. Travel on Miramar Road east for about 4 miles. Look for the Miramar North Gate sign.
 - This gate is only open Monday-Friday (closed on weekends and holidays): 0600-2200.
- From Interstate 805: Take the Miramar Road exit. Travel on Miramar Road for about 4 miles. Look for the Miramar North Gate sign.
 - This gate is only open Monday-Friday: 0600-2200.

Please note: please ensure you and your family members (including children over the age of 10) have a military ID to enter the base.

Your First Steps

- Personnel checking in during weekday working hours should first report to the Installation Personnel Administration Center (IPAC), Building 8380. IPAC is located near the Flight Line off Smith Road. Personnel will be processed 7:30 a.m. to 4:30 p.m. Monday through Friday and given orders to report to assigned unit administration offices.
- After working hours or on weekends and holidays, personnel should report to the command duty officer at Marine Corps Air Station Miramar Headquarters, Building 8630. The command duty officer will issue orders to return to IPAC on the next available working day.
- All Service Members are required to check in wearing the Service Alpha uniform. It should also be noted that those checking in after working hours will be required to return in Alphas the next working day. For more information, contact IPAC at 858-307-8665.
- Service Members in the following grades: E1-E6, WO1, O1-O2 are required to attend the Welcome Aboard Orientation brief upon arrival. To sign up for the next Welcome Aboard, visit: <https://www.eventbrite.com/e/mcas-miramar-welcome-aboard-tickets-121406033715>

COVID-19 Precautionary Measures

- Regardless of vaccination status, all personnel aboard MCAS Miramar are required to wear a MCAS per updated DoD Policy.

Housing

Bachelor Housing

- All single personnel arriving under permanent-change-of-station orders should contact the Billeting Office, Building 4312, after checking into the air station. Service Members of all ranks are normally assigned temporary rooms in one of the air station's transient barracks. After unit assignment, E-5s and below will be given permanent rooms. Staff NCOs and officers will normally be required to obtain housing in the local community.
- The size and floor plans of barracks rooms vary, depending on the Service Members' rank and unit. All barracks rooms are cable-ready, equipped with a refrigerator and have outside phone line accessing. Off-station phone service can be ordered by calling 800-893-2018. Reservations can be made 7:30 a.m. to 4 p.m. Monday through Friday by calling 858-307-4235. Space availability, including personnel on transient orders, begins at 3 p.m. daily. For more information or to reach the front desk, call 858-307-4233.

Temporary Housing

- The Inns of the Corps, Miramar offers modern rooms in a convenient location. The inn is in Building 2515 and is open 24 hours daily. All rooms feature private baths, kitchenettes, access to coin-operated laundry facilities and color televisions with basic cable services. The inn is within walking distance of the Marine Corps Exchange, Commissary, Movie Theater, Mills Park, and a 50-meter swimming pool.
- Department of Defense personnel, family members, retirees and special guests should contact the inn in advance to make reservations by calling 858-271-7111. Please note that the Inns of the Corps, Miramar Inn is not on the DSN system, therefore, on-base callers must dial 99-271-7111.

Off-Station and Military Family Housing

On base housing is coordinated by the Lincoln Military Housing Office at San Diego. For more information, including availability and wait times, call 619-556-8443 or visit:

<https://lincolnmilitary.com/installations/miramar-mcas/>

The military provides two options for the use of your BAH:

- The first is living on-base. All Officers and Enlisted Personnel with PCS orders to San Diego can apply for PPV Homes through email with required documents to: web.housing@navy.mil. To view a full list of application requirements, visit: <https://lincolnmilitary.com/apply-now/?i=san-diego-naval-complex>.
- Your second option is using your BAH to rent or buy a home off base.

Distribution Management Office (DMO)

The Distribution Management Office, in Building 2258, handles all receipt, delivery and pack-up of personal property shipments.

- Those arriving aboard the air station can contact the DMO at 858-307-1670/1671 from 7:30 a.m. to 4:30 p.m. Monday through Friday to establish a time for delivery of their personal effects.

Vehicle Registration

All motorized vehicles operated aboard Miramar must be registered with the Vehicle Registration Section (Pass & ID) of the Provost Marshal's Office.

- The primary mission of the Vehicle Registration Office is to provide registration and decals for all personally owned motor vehicles and motorcycles. The Vehicle Registration office also provides weapons registration. Vehicle Registration is located in Building 6200.

Hours of Operation:

Monday through Wednesday, 7:30 a.m. – 4:30 p.m.

Thursday 7:30 a.m. – 12:00 p.m.,

Friday 7:30 a.m. – 4:30 p.m.

Decals will not be issued after 4:15 p.m.

- Items to bring at time of registration: All drivers must have current vehicle registration, current proof of insurance, current driver's license, current smog certificate for vehicles 6 years or older, Military members and dependents: military ID and proof of driver's improvement course if under 25 DoD civilians: current DoD employee ID card, Contractors: proof of government affiliation. Motorcycle owners will need their motorcycle safety course card and proof of inspection. Please be advised that during inclement weather, DoD decals will not be issued. To contact the Vehicle Registration, dial: 858-307-1463.

TRICARE WEST

Re-Enrollment

- Whether accompanied or unaccompanied begin by updating your personal information on DEERS to reflect your new location. Transfer your medical benefits to your new location online through milConnect at: (<https://milconnect-pki.dmdc.osd.mil/milconnect/>) or by phone at: 1-844-866-9378.

Services & Facilities

American Red Cross

The American Red Cross in San Diego County provides emergency assistance, information on sick or deceased family members and financial assistance. The American Red Cross can be reached at 619-542-7400. Contact the Red Cross San Diego Region HQ at 858-309-1200 for additional information.

Gas Stations/ Car Wash

Three convenient locations for some of the most inexpensive gasoline in town are located at MCAS Miramar!

- **Gonsalves Gas Station (858) 695-7300 • Bldg. 2662**
Mon-Fri 6am-7pm / Sat 9am-7pm & Sun 9am-6pm
Open 24 hours a day, 7 days a week for credit card sales. Cash sales are available during working hours. The Gonsalves Gas Station includes a diesel and propane station, Marine Mart, and a drive-thru car wash with vacuum stations.
- **East Gate Gas Station • Bldg. 6214**
Open 24 hours a day, 7 days a week for credit card sales (credit/debit only).
- **Flight Line Gas Station (858) 695-1001 • Bldg. 8675**
Open 24 hours a day, 7 days a week for credit card sales. Cash sales are available during working hours. The Flight Line Gas Station includes a diesel and propane station, Marine Mart, and a drive-thru car wash with vacuum stations.

- **Self-Service Car Wash • Bauer Rd (next to the Semper Fit Center)**
Open 24 hours a day, 7 days a week. Must bring own cleaning materials. Water hose and lot space provided to wash your vehicle, free of charge.

Child Care

The Child Development Center in building 2740 provides weekly care for active-duty military and Department of Defense civilian dependents between the ages of 6 weeks and 5 years. The center is open 6 a.m. to 6 p.m. Monday - Friday. Additionally, the Child Development Home Program matches air station personnel with certified caregivers conveniently located aboard or close to Miramar. Due to a waiting list, advance application filing is required. To begin the application process, visit: www.militarychildcare.com. For more information, call 858-307-4136.

Commissary

The commissary is in building 2661 and serves active-duty and retired Service Members and families. It is open Monday – Friday, 10 a.m. to 8 p.m., Saturday, 8 a.m. to 8 p.m., and Sunday, 9 a.m. to 7 p.m. The Commissary also opens 30 minutes early daily for patrons with disabilities. Call 858-307-4516 for a department directory and more information.

Navy Federal Credit Union

Navy Federal Credit Union is in Building 2727 on the corner of Moore and Elrod Avenue. Hours are Monday – Friday, 9 a.m. to 5 p.m., and Saturday – Sunday, 8 a.m. to 3 p.m. Additionally, the drive-thru is open Monday-Friday, 9 a.m. to 5 p.m., and Saturday – Sunday, 8 a.m. to 3 p.m. A 24-hour NFCU ATM is available at the Main Exchange plaza, the Miramar Post Office, and the Flightline Food Court.

The credit union is a full-service financial institution, serving military and civilian personnel. Services offered include checking and savings accounts, money orders, travelers' checks and notary services. Personal, auto and first and second mortgage loans are also available. For more information, contact the main office at 888-842-6328.

Dining Facility

The Gonzales Dining Facility is in building 5500 and offers a full-service main line, fast-food line, deli bar, pasta/taco bar and a salad bar. The dining facility also operates a number of satellite mess halls. For more information, call 858-307-1380/1382.

Exchange

The Miramar Exchange Complex is in building 2660. The Exchange Complex is open seven days a week, from 9 a.m. to 8 p.m. Monday through Saturday and from 9 a.m. to 7 p.m. Sunday. The operator can be reached at 858-695-7288 or Customer Service at 858-695-7230.

Legal Assistance

The Legal Assistance Office provides help for a host of legal-related issues, such as powers of attorney, last wills and testaments, living wills, notarizations, civil rights, consumer law, contracts, immigration/naturalization and real estate. Assistance with family law such as divorce/separation, child support and guardianship is provided on a limited basis.

The Legal Assistance Office's hours are 7:30 a.m. to 11 a.m. and 1p.m. to 4 p.m. Monday through Friday. It should be noted that certain services are offered at specific hours of days. Call 858-307-1656 for more information.

Marine Mart Convenience Stores

There are three Marine Marts aboard MCAS Miramar. The Elrod Marine Mart & Midway Dry Cleaners of Elrod is located in Bldg. 2499 and is open daily from 5 a.m. to 10 p.m. The Flight Line Marine Mart, in Bldg. 8675, is open Monday – Friday 5:30 a.m. to 6 p.m. Lastly, the Gonsalves Gas Station & Marine Mart, in Bldg. 2662, is open Monday – Friday 6 a.m.-7 p.m., Saturday 9 a.m. to 7 p.m., and Sunday 9 a.m. to 6 p.m.

Navy-Marine Corps Relief Society

The Navy-Marine Corps Relief Society office is in Building 2273 and is open 8 to 4 p.m. Monday through Friday. NMCRS provides emergency assistance and financial assistance, as well as referral services. Volunteers can be reached by calling 858-307-1807.

Post Offices

The full-service U.S. Post Office is in Building 2257 and is open 8 a.m. to 3p.m. Monday through Friday and 8:30 a.m. to noon Saturday. Contact the post office at 858-307-4578. The Military Postal Facility is also in Building 2257 and handles all official military mail. The facility is open from 8 a.m. to 4:30 p.m. Monday, Tuesday, Thursday and Friday; 8 a.m. to noon Wednesday.

Military personnel residing aboard the air station receive mail through their work sections. Incoming personnel may contact units for correct mailing addresses prior to arrival. Each unit is provided with an individual box identified by a number-style address format. For more information, contact the Military Postal Facility at 858-307-6058.

Religious Services

The Chaplain's Office is in Building 5632T and coordinates regularly scheduled worship services. For the location and meeting schedules of religious activities, visit <https://www.miramar.marines.mil/Departments/Chapel/> or contact the Chaplain's Office at 858-307-1333.

Veterinary Clinic

Known as the U.S. Army Veterinary Treatment Facility, the Vet Clinic provides outpatient veterinary treatment and over-the-counter products for cats and dogs only. Call 858-307-1773/6552 to make an appointment.

Marine and Family Programs

Behavioral Health

- **Combat Operational Stress**
(858) 577-6585 I Bldg. 2274 I Mon, Wed & Fri (7:30am-4:30pm) / Tue & Thu (7:30am-6pm) /
Or call the Mental Health Unit: (858) 577-7409.
- **Behavioral Health Center**
(858) 307-6585 / 307-1129 | Bldg. 2274
- **Community Counseling Center**
(858) 307-1129 I Bldg. 2274-T
Mon - Fri (7:30am-4:00pm)

- **Substance Abuse Counseling Center (SACC)**
(858) 307-1129 | Bldg. 2274 | Mon-Fri (7:30am-4pm)

- **Family Advocacy Program (FAP)**
(858) 307-6585 | Bldg. 2274 | Mon-Fri (7:30am-4pm)

VICTIM ADVOCACY 24/7 Domestic Violence HELPLINE: (858) 864-3408

- **New Parent Support Program**
(858) 307-9812 | Bldg. 2274 | Mon-Fri (7:30am-4pm)
- **Sexual Assault Prevention & Response (SAPR)**
(858) 864-2815 • Help is available 24/7 SAPR HELPLINE to prevent or to report sexual assault!
(877) 995-5247 • DoD SAFE HELPLINE

- **DSTRESS (Suicide Prevention)**
(877) 476-7734

Family Care

- **Children & Youth Center**
The Youth Center has something for everyone under 18. Infant/Toddler care for 6 weeks to 3 years old, Preschool programs for 3 to 5 year olds and School Age Care for Kindergarten - 6th grade. The Teen Center is also available for 7th - 12th grade and Youth Sports offers a variety of sports for 3-16 year olds.
(858) 307-4136 | Bldg. 2700 | Mon-Fri (6am-6pm) / Sat Parent's Night Out (4:30-10:30pm) / Sun (Closed) | Email: ombcypmiramar@usmc-mccs.org
- **Exceptional Family Member Program**
The purpose of the Exceptional Family Member Program is to ensure that the dependents of an active duty Marine receives ongoing support when diagnosed with a physical, emotional or educational "Special Need." By identifying families with special needs and maximizing the provision of services needed, the quality of life provided to the Marine Corps family is enhanced while meeting the mission of the Marine Corps.
(858) 307-4668 | Bldg. 2525 | Mon-Fri (8am-4pm) | Email: sbmiramarmcas.efmp@usmc.mil
- **School Liaison Program**
The School Liaison program offers the tools to enhance learning and support military children as they successfully navigate the many transitions unique to a military lifestyle.
(858) 307-6633 / 8625 | Bldg. 2258 | Email: sbmiramarmccs.4kids@usmc.mil | Tues & Thur. by appointment only.

Family Readiness

- **Family Readiness Program**
(858) 307-6681 | Bldg. 2525 | Mon-Fri (8am-4pm) | Email: sbmiramarmcas.mcftb@usmc.mil
- **LifeSkills Program**
(858) 307-4918 | Bldg. 2525 | Mon-Fri (8am-4pm) | Email: sbmiramarmcas.mcftb@usmc.mil

- **Lifestyle Insights, Networking, Knowledge and Skills (L.I.N.K.S.)**
(858) 307-4918 | Bldg. 2273 | Mon-Fri (8am-4pm) | Email: sbmirarmcas.mcfb@usmc.mil
- **Readiness & Deployment Support**
(858) 307-4473/4918 | Bldg. 2525 | Mon-Fri (8am-4pm) | Email: sbmirarmcas.mcfb@usmc.mil
- **Volunteer Opportunities**
(858) 307-1322 | Bldg. 2525 | Mon-Fri (8am-4pm)

Personal and Professional Development

- **Career Resource Center**
(858) 307-6710 / 307-6035 | The HUB (Bldg. 5305) | Mon-Fri (7am-4:30pm) | Email: sbmirarmccs.trs@usmc.mil
- **Education Center**
(858) 307-1801 | The HUB (Bldg. 5305) | Mon-Fri (7:30am-4:30pm) | Email: sbmirarmccs.edu@usmc.mil
- **Family Member Employment Assistance Program**
(858) 307-6491 | The HUB (Bldg. 5305) | Mon-Fri (7:00am-4:30pm) | Email: sbmirarmccs.trs@usmc.mil
- **Library**
(858) 307-1261 | The HUB (Bldg. 5305) | Mon, Tue, & Fri (8am-5pm) / Wed & Thur. (8am-6pm) / Sat (8am-12pm) / Sun & Federal Holidays (Closed) | Email: mcasmiramarlibrary@gmail.com
- **Personal Financial Management**
(858) 307-9802 | The HUB (Bldg. 5305) | Mon-Fri (8am-4:30pm) | sbmirarmccs.pfm@usmc.mil
- **Transition Readiness Program**
(858) 307-4933/6021 | The HUB (Bldg. 5305) | Mon-Fri (7:00am-4:30pm) | Email: sbmirarmccs.trs@usmc.mil
- **Information & Referral, Relocation Services**
(858) 307-1428 | The HUB (Bldg. 5305) | Mon-Fri (7:45am-4:15pm) | Email: sbmirarmccs.iandr@usmc.mil

Visit our website <http://mccsmiramar.com/> to obtain detailed information about all the programs available through Marine Corps Community Services at MCAS Miramar. You can also contact your Information & Referral, Relocation Services staff to help you locate additional resources to help you and/or your family during your assignment at MCAS Miramar.